

HAND *in* HAND *made!*

HANDinHAND e.V. www.handinhand.info

NEWSLETTER TO OUR INDIAN FRIENDS | NO.3 | FEBRUARY 2013



TO GET MORE OF LIFE
GIVE MORE OF YOUR SELF

MAMALLA PANCHAYAT ARCHAEOLOGICAL



Give more – live more!

Dear HANDinHAND friends!

“If you want to have MORE from your life, then give MORE from yourself!”

When I read this slogan in big white letters on a blue panel and saw the neglected street kids sitting in front of it I had to cry. This appeal the town hall of this small tourist city in South India was given to the visitors, the slum kids who have been pushed in young years into a poor life have already understood. And those kids put this appeal into practice and fulfil

it already: with their authentic laugh, their natural beauty and their unbreakable will to survive and live, their total openness and their real trust. The little they have they are giving completely and yes, they give it with their total heart. What kind of winning example! We can really profit from those kids as for us in the rich Western regions this would be and is an immense challenge as we are hardly willing to give MORE from ourselves.

Sequel on page 2 »

Our Homepage

www.handinhand.info

has been reworked completely! A visit is a worthwhile and we would appreciate it if you recommend our website to others. Do not hesitate just to inform young people in your network of contacts or your circle of friends. News will be also shared via Twitter now. Or do you prefer (once in quarter at least) to receive the news on our homepage by email?



Believe me, dear friends of our India Help Project: if I look back to the 20 years' experiences during my many travels for HANDinHAND I know today that I as simple fellow being always started my trips with our donations of money to the poor people of India, but every time I have been endowed richly with countless encounters of people there: with their gratitude, their hope, happiness and worries and their unbreakable will to live.

It is very great that we can share this richness thankfully within HANDinHAND for 20 years now. Thus I can only confirm the global wisdom also due to my own experiences: those who give their life never loose, but will only win. This is what we sang with many children here during the St. Martin parade: "Those who give will receive will be endowed. Whoever does something good, will be good itself. Whoever shares, will be

happy, do the same!" And yes, that is true!

And we will not stop to give MORE from ourselves with HANDinHAND. We are thankful that so many people accompany us and by now also Germany wide. They belong to us!

Yours Elmar Jung

India – 20 years ago and today

The poor house changed into a boom region?

If you are looking for statistics and figures about India's development in the past 20 years you will find results on an enormous strong positive change.

Many newspapers are writing "The poor house changed into a boom region" facing the strong developed economic branches as e.g. computer and information technology.

But also within the medical technology, biotechnology, space travel and genetic and pharmaceutical research India has reached the global stage. About 150,000 only new informatics engineers are leaving university in India. Especially graduates from elite-universities are preferred choice for demanding. But also the literacy rate has been increased very strongly the last year (from approx. 63% (2006) to 74% (2011). The number of internet users has been explosively twenty-fold from 0,5% (2000) to approx. 10% (2011). Despite of the rapid development the situation keeps as it is that for a big amount of the In-



Pupils from our slum school in Bangalore

dian people visiting primary school is not for granted. According to the World Bank report from 2011 income per capita in India has been doubled since 1992. Moreover, one third of the people have to live with less than one US\$ per day (70% with less than 2 US\$) in India. And the infant mortality has been decreased

strongly (from 81 (1991) to 48 (2010) per 100 live births). But all in all the access of receiving medical care is still denied to many people. In one sentence: the big economic growth in the biggest democracy worldwide cannot remove sustainably the huge poorness up to now.



HiH-anniversary

To our 20th anniversary we wanted to know from you, our members, friends and donors, why are you supporting us and why do you appreciate HiH? Please find your feedback as follows:

HiH = aid of a heart affair

Gerhard A. Zimmermann, Mainz

"I support HiH because it has manageable, "tailor-made" projects."

Dr. Hildegard Dziuk, Darmstadt

"HiH gave me much hope and trust to work myself for poor people."

Jesudass, Bangalore/India

"I am following the developments of HiH since 1997 and I am also supporting actively HiH. Thus I see that the help will reach the regions where it is needed."

Bianca Gallian, Gernsheim

"I support HiH as the donations will be forwarded to 100 % to those who need it."

Christopher Kaiser, Germering

"It is a great grace and gift from god that we are doing so well. And we are willing to share that others will feel better as well!"

Family Schröter, Wittingen

"During my time in the Board of HiH I could see and experience directly onsite in India that our help will arrive and turn into life, hope and a future."

Birgitta Zörner, Nauheim

Meeting Elmar Jung 1988 at the big intercontinental Taizé-meeting in Chennai, India and seeing how he started to continuously supporting a poor rake-picker boy he randomly met there as well so that he could become a full-fledged carpenter, reinforced my association with him. This incident was the seed-cause for the formation of HANDinHAND.

J.J. Berthew, Virapandianpatnam/India

"We trust in HiH's work as we are informed comprehensively and transparently about their projects and as there are trustful people behind the work who help onsite!"

Peggy and Björn Köhler, Eppendorf

"I have followed the developments of HiH since the very first trip of Elmar to India and the first pictures and reports from there. In addition to this I am a founding member and will never delete the children's laughing eyes on the pictures. This is way I will continue to support HiH."

Claudia van der Beets, Egelsbach

"We trust in the HiH's work as all information up to now were positive and no money has been spent out for high-glossy magazines and the responsible people in Germany spend their time with unpaid work and finance their travels to India privately. This is a big value as thus the donations will arrive in total!"

Cornelia and Hans Kemmer, Rödermark

"I am supporting HiH as they are helping the poorest of the poor independently from religion, caste or origin."

Jayababu, Bobbili/India

"HiH relieves the distress where it is the most in the world and where the rich nations have failed shockingly. The relief organization demonstrates an efficacy which cannot be overbid by any other organisations or events. HiH is for me the "Thorn in the flesh" which does always remind me to the following question: Do I do enough for the distress of the people?"

Prof. Dr. Hans Raffée, Mannheim

"HiH is for me like a fountain, like an oasis, where the thirst of many people will be quenched. HiH is the place of hope, the silence and of a new life. Loads are eased, thirst and hunger quenched, illness healed, and homeless people receive a place to stay."

Bala Show Reddy, Gudoor/India

Two Indian Recipes

Just try and taste!

Thick tomato soup

Peel the onion and the garlic cloves and chop them finely. Then heat it up and steam both in a pan. Add tomatoes with juice, Garam Masala and sugar. Wash coriander, dry it and pluck off the leaflets. Some leaflets put away for decoration, add the rest to tomato soup and have it stewed for about 3 minutes. Pour in the stock and have the soup cooked for further 10 minutes.

Mash the tomatoes with a fork and pour in the coconut crème. Season with salt, pepper, chili and ginger powder, and sprinkle with coriander leaflets and serve it with pita bread.



Photo by www.pixel-pool.net

Ingredients for 4 persons

1 onion
3 garlic cloves
4 soup spoons peanuts oil
750g peeled tomatoes (take from can)
3 soup spoons Garam Masala
½ soup spoon brown sugar
1 bunch coriander
800ml vegetable stock
6 soup spoons coconut creme
Salt
Pepper
1 table spoon chili powder
1 table spoon ginger powder

Preparation time approx.
25 minutes plus cooking time

Naan-Bread

Prepare flour, baking powder, yeast, salt, egg, yoghurt, 2 soup spoons butter and milk to smooth dough and leave for rise on a warm place for about 1 hour. Then heat the oven up to 180°C.

Knead the dough again and separate it into 8 portions. Each piece of dough rolls out in an oval form. Water one side of the dough and lay this sided down on a low buttered plate.

Butter the other side and strew poppy on it.

Then bake the naan on the middle shelf for about 10 minutes until they have been raised and are slight brown.



Photo by Zkruger dreamstime.com

Ingredients for 4 persons

850g wheat flour
1 table spoon baking powder
1 package dried yeast
salt
1 egg
7 soup spoons nature yoghurt
3 soup spoons butter
250ml milk
butter for the plate
2 Soup spoons poppy seed

Preparation time approx.
35 minutes plus rising time

HiH Donations ...

... do not fall from heaven!

HiH's work depends largely on the engagement of many single persons and will make possible and is based by the donations of its members and friends. We would like to list you some motivating examples as follows:

- Instead of gifts somebody wished donations for HiH for his 60th birthday. With this money we re-set-up a restaurant at the street which has been burnt down totally.
- Anniversaries and birthdays have already been used for a good opportunity to share this event with people in distress. Donations have always been used for individual projects.

- One couple will celebrate its golden wedding. One year before they have started to transfer an amount of 70 Euro monthly that the money can be used for the set-up of a new house in India
- The community of religion teachers of the Bistum Mainz has transferred 1,000 Euro for a schooling project.
- Instead of flowers and wreaths relatives of deceased persons requested for a donation to relieve the distress in India. With this money we could save a village school from decay and set it up again.

- Pupils of the graduating class 10 gave the remaining class money to HiH. With this money HiH could buy desks and banks for the classes in India.
- As a couple have expanded their own house a bit more luxurious they donated additionally a big amount to HiH to give the poor people also a bit more life quality.
- A fasting cure group donates regularly for concrete projects in India with the money they have saved during their fasting time with food.
- Due to baby-clothes bazars as well as the sale of jams and juices a kindergarten supports HiH and helps the children to learn sharing with other children in India.

These examples motivate a lot!

Donations and engagement for 20 years

An overview of the figures

In the meantime 2 decades of HiH's history we have reached making our work popular to a huge circle of friends due to our engagement and transparency of the organisation.

Many people and many of them sharing our opinion know and think that HiH is doing a reasonable work for the distress in India. This could only be reached due to you, your support, your interest and your donations. Therefore a huge amount was collected: about 2 million Euros.

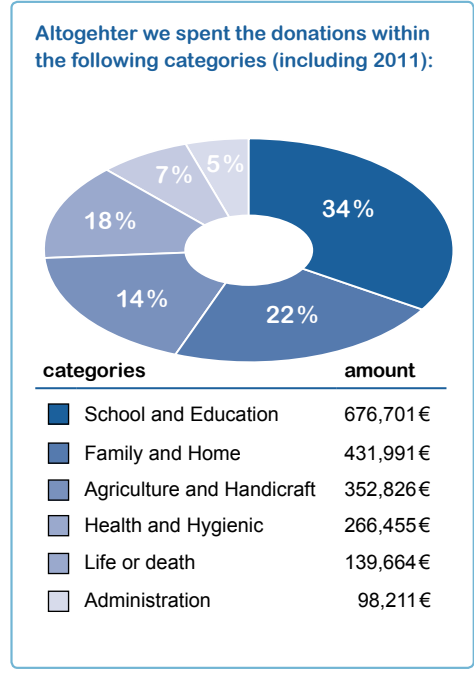
By end of 2011 we reached about 1,967,400.94 Euro at least. Most of this amount we have steadily invested with very good thinking, sometimes spontaneously and unbureaucratically, if urgent need was required, but always into individual help to help themselves.

This work is only able due to the regular and persistent travels from Elmar Jung. For 25 years now he has been visiting friends and contacts in India. He is meeting there HiH employees and also people who are offering their support or asking for help on their own. He is always making new contacts and takes the time



The house of Jadagiri Peralas family from Dharmaram is now completed. The children's choir of St. Nazarius, Ober-Roden, has donated the money.

for encounters at the wayside. In view of the following overview it seems important to us to point this out. Especially in connection with such big figures and engagement we never want to oversee those people who are suffering from the distress. And indeed for many of us and also for many donators and godparents the help is always connected with a concrete name and face or place.



Spotlight HiH in India

For us already in the beginning it was the most important point that our help – help to help yourself – will become independently in India. And this still remains.

Therefore we try to involve young people in the coordination and execution of our projects. And it makes us very happy that India's media takes notice from HiH from time to time: outsiders want to be informed about



our work of our Indian supporters onsite and want to contribute something – either by donations or by cooperation. And sometimes also a little article will be published in the Indian newspaper. As follows: Elmar Jung and Naidu. Elmar Jung has discovered this 14-years old boy 2005 completely ill in a small village. Today this young man has received a quite good job after absolving his studies and is one of the leading employees of HiH at the east coast of India.

Summarized and expressed in “blank” figures we have invested the donations into the following projects (approx. values):

- 500 houses have been built
- 400 house have been renovated
- For 2,000 pupils lunch has been financed for one year
- Schools and children homes have been financed with 600,000 Euros
- 200 people have been provided with medicine
- 30 fountains have been set up
- 50 surgery were possible
- 4,000 school years have been financed for godchildren
- Expenses for studies have been paid for 200 students
- For 400 people we have financed a shop or a handicraft
- Boats and nets for 50 fisher families have been bought
- 3,000 old people have been provided with food for one year

Actual projects

Concrete examples of the actual HIH work – support us!

Area 1 Family and Home

PNR 1-138 Family suffering from AIDS 750€

The father of the family is field worker. He and his wife have two daughters (12 and 8 years old). Many years ago AIDS has been identified by chance with him. After this his family has been tested as well and also his wife and one daughter are infected. A new house would facilitate their life conditions and also decelerate the disease.

Further projects for setting up houses are as follows:

PNR 1-136 House for family Subash in Ramsing Thanda

PNR 1-137 House for family Chepana in Appaypeta

PNR 1-139 House for family Kolli in Mallampeta

Area 2 Health and Hygienic

PNR 2-157 Help for a HIV infected couple mtl.10€

This couple is living in the leprosy station Premanagar under most difficult conditions. They are old and weak and can hardly move. The Indian government would provide them freely HIV medicine but therefore they had to walk to Vizianagaram monthly which is about 60km from their home away. And to do so they first need money for better food and further medicine.

Area 3 School and Education

PNR 3-631 Sewing lessons in the children home 200€

In our children's home in Bobbili there are living about 15 girls who are teenagers now. For them an additional qualification like sewing would be valuable. A 9-months-lesson with educated teachers could enable this.

PNR 3-727 Books for the mechanic training 50€

Suresh is the son of a rishka driver. For his education as mechanic he had to buy school books. But the income of the father is hardly sufficient to feed the family and thus cannot definitely be used for school books. With this small help Suresh receives a good chance for an own income and an own life for the future.

Area 4 Agriculture and Handicraft

PNR 4-192 Small mattresses and pillow factory 270€

Johybabu works as employee in the production of mattresses and pillows out of cotton. He receives for his work approx. 2 per day. This is closely sufficient for him, his wife and their two daughters (11 and 8 years old). As he is a clever craftsman he would like to earn his money with his own business to enable his children an education. Johybabu want to pay back part of the start-up funding which HiH will use for a similar project.

PNR 4-190 Re-equip sales booth 175€

Two old couples are living from their low income of a little sales booth. They earn about less than 1 euro per day. This is not enough to add new good to their sales booth to make their business more attractive. Therefore we would like to help them to gain higher sales revenues. Part of this money the couple will pay back to HiH that we can use the money for a similar project.

PNR 4-19112 Iron for a washer family je 48€

In the village Gajavyini Valasa 12 washer families are living. They belong to the lowest cast which is doing this job. Twice per month they are washing the clothes of the village and often receive only rice they have live from. With an additional iron they could expand their work and increase their income significantly.

Editor:

Board of HANDinHAND, Germany:
Elmar Jung, Claudia van der Beets,
Heinz Nothstein, Angelika Billing,
Markus Bleck

Contact Address:

Pfarrgasse 6, 63322 Rödermark
Tel. 0 60 74-96 02 35, Fax 96 02 41
e-Mail: info@handinhand.info
<http://www.handinhand.info>

Print, Creation:

Uscha printmedia
Unterleider Medien GmbH,
Rödermark

Layout: Thomas Schnitter

HANDinHAND-made! Published
according to requirements.
Donations for covering the **printing**
costs: **PNR 0-003**

Please use one of our accounts for donations:

ING-Diba
BLZ 500 105 17
Konto-Nr. 0678 890 930

PAX-Bank
BLZ 370 601 93
Konto-Nr. 4 003 111 011

For any paying in **donation**
number or name/address are
essentially!

For your tax return you will receive
in February of the following year
a **donation receipt** on all donations
of last year. With your donation to
us you can deduct up to 20% from
your taxable income.